



What is Children's Occupational Therapy?

The Children's Occupational Therapy team work with children who are aged 0-19 and have a physical disability or coordination difficulties that result in the child having difficulties carrying out functional tasks.

These may be in areas like:

Self-Care:

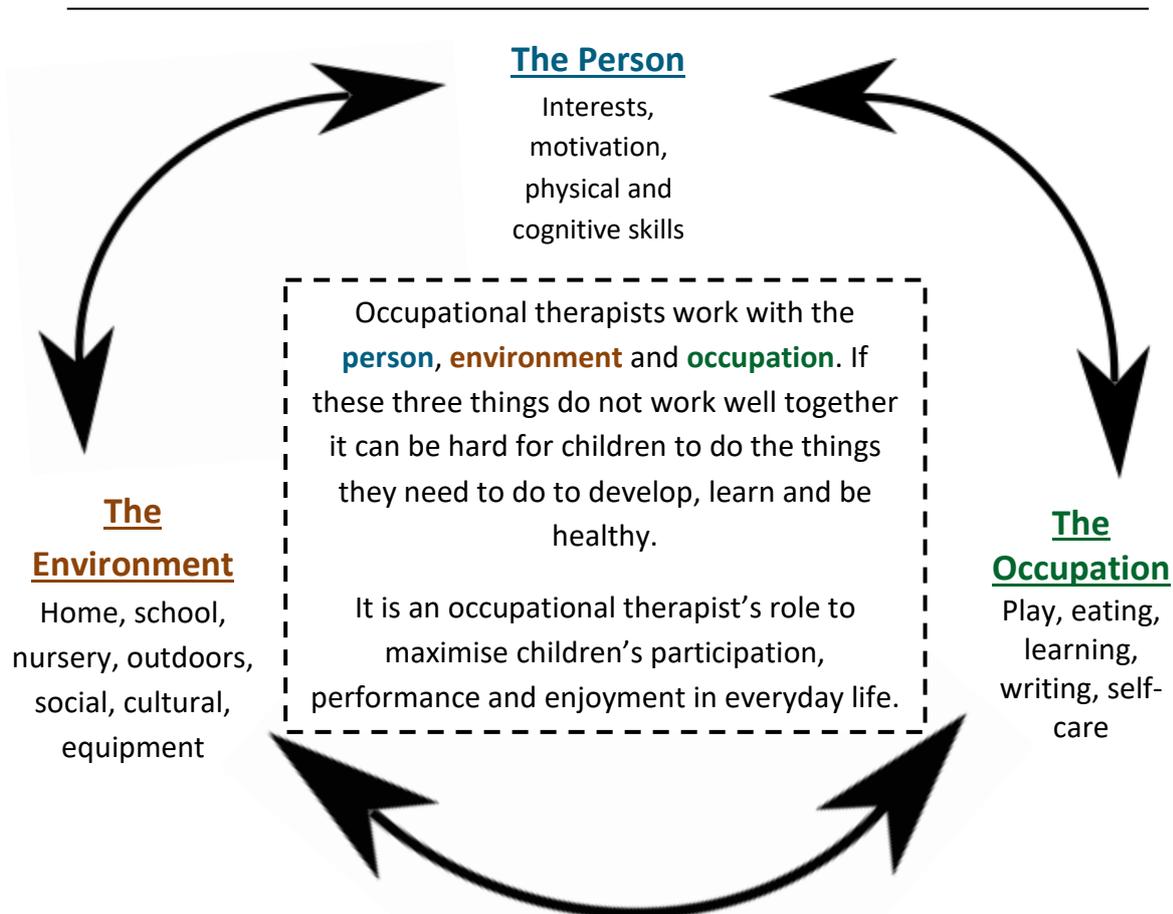
Washing, dressing, eating, using the toilet

Being Productive:

Learning, participating in routines at nursery, school or home

Leisure:

Play, sports, hobbies



Where do we deliver our service?

Community occupational therapists deliver their service in a **child's home, nursery or school.**



Or a child may be seen in an **outpatient clinic** at The Den.

There are also **workshops** at The Den, which the occupational therapist might suggest the child attends for support with practical skills.



The Occupational Therapy Process



- A health professional refers a child to occupational therapy
- we receive the referral and gather information; we may contact you on the phone before meeting you to get an idea of what your child is doing, their difficulties and what matters the most to you and your child
- We will arrange an initial meeting, where we will assess the child and gather more information.
- Working with the child, you and other professionals, such as a physiotherapist, we will formulate our assessment, prioritise goals and agree a plan of action to achieve these
- Depending on the child's needs, there may be ongoing assessment and intervention at home, clinic or nursery / school.

Examples of how we might help:

Offer strategies or equipment that may help maximise the child's occupational participation and performance.

Support and offer advice to families, carers and other professionals involved such as teachers, to understand and support the child's needs

Contribute to care plans and reports as required

Make referrals to other professionals

